

OUTDOOR SCHOOL CLOTHING LIST for STUDENT LEADERS (a.k.a. COUNSELORS)

In selecting clothing for Outdoor School, rely on sturdy, casual clothes you already have on hand. If you need clothes, borrow some or buy from thrift & military supply shops. The main concern is **warmth** and **dryness** — not appearance. **Waterproof footwear** (boots) and **raingear** are a must. The following is a suggested list for counselors. If there are additional items you would like to include, please do so. **You can bring candy, snacks and cell phones, but they will be turned in to staff and available to use only during your afternoon free times while students are on recreation. (Do not bring food for students.)**

BEDDING:

Sleeping bag or 3-blanket bedroll
Pillow and case
Extra blanket

CLOTHING:

Shirts
Jeans or heavy pants (3-4 pair)
Warm jacket
Sweater or Sweatshirt (1 or 2)
Socks
Underwear
Long Johns/Thermal Underwear
Gloves
Warm Hat / Stocking Cap
Shoes

WATERPROOF BOOTS

WATERPROOF RAINCOAT

WATERPROOF RAINPANTS

WATERPROOF HEAD COVERING

TOILETRIES:

Bath towel
Hand towel
Wash cloth
Soap and container
Shampoo
Comb/brush
Toothbrush & toothpaste
Lip balm
Razor
Deodorant – roll-on only, please

GENERAL EQUIPMENT &

USEFUL ITEMS:

Flashlight
Wristwatch Storybooks
Daypack Acoustic Instruments
Water Bottle
Letter writing materials & stamps
Cabin decorating materials – **If you bring these, please spend no more than \$10.**

- Try to bring some non-cotton (synthetic or wool) clothing that stays warm even when wet.
- Shorts and sandals may be worn at bedtime and shower time only, and at other times if deemed okay by the Site Supervisor due to weather or other conditions.
- **Do not bring:** Radios, Alarm Clocks, mp3 players, Video Games, Laptops, iPads, Headphones/Ear Buds; Halter tops, tube tops, tank tops; Capri pants, sagging pants; clothing with inappropriate words, logos & pictures; cosmetics, hair styling products, perfume, cologne, body spray and spray-on deodorant; pocket knives; hair dryers, electric curlers, flattening irons; lighters & matches.

PLEASE MARK ALL ITEMS WITH YOUR NAME & SCHOOL – ESPECIALLY COATS & SLEEPING BAGS.

USEFUL EQUIPMENT FOR WESTWIND STUDENT LEADERS

All gear wrapped in a Plastic Bag, Small Daypack, Water Bottle with tight fitting top, Flashlight

OUTDOOR SCHOOL IS NOT RESPONSIBLE FOR LOST OR STOLEN ITEMS!