

NORTHWEST REGIONAL EDUCATION SERVICE DISTRICT
NORTHWEST OUTDOOR SCIENCE SCHOOL
5825 NE RAY CIRCLE HILLSBORO, OREGON 97124
Phone: (503) 614-1402 Fax: (503) 614-3182

CLOTHING & EQUIPMENT LIST FOR STUDENTS

The following is a **suggested** list of items to bring. You **do not** need to purchase new things for Outdoor School, if you do not have an item(s) please contact your teacher or Outdoor School, we may have supplies that students can borrow. We suggest bringing older clothing and equipment that you already have around your home. The main thing is to have enough clothing to **keep warm** if the weather is cold and **keep dry** in case of rain. Choosing fleece or another warm, quick-dry fabric is better than cotton (which takes longer to dry). Your guardians can help you decide what clothing is best to keep you clean, warm, and dry.

We recommend you label all items with your student's first and last name!

SLEEPING GEAR

Warm Sleeping bag
Pillow
Extra blanket (for sleeping with open windows)

CLOTHING

Shirts (3 or 4)
Jeans or Heavy Pants (3 or 4 pair)
Warm Jacket
Warm Hat
Sweatshirt (Fleece is best)
Underwear (3-4 changes)
Socks (4-6 pairs)
Pajamas
Extra pair of shoes
Thermal Underwear/ Long Johns
Gloves

WATERPROOF RAINCOAT

WATERPROOF BOOTS

WATERPROOF HAT/HOOD

TOILETRIES

Bath Towel
Wash Cloth / Hand Towel
Toothbrush and Toothpaste
Soap and Container
Comb/ Brush
Deodorant
Sun Block Lotion (pack in Ziploc to prevent mess)

OTHER IMPORTANT GEAR

Flashlight
Water Bottle with tight fitting screw top
Small Daypack
2 Garbage Bags (Beach Sites for packing)

OPTIONAL

Camera
Reading Book/ Journal (for quiet cabin time)
Letter writing materials (Paper, envelopes, postcards, pencils & stamps)
Flip Flops/ Water Sandals (for showering)

Medications: Must be handed to teacher in original OTC or Prescription packaging (see health form).

DO NOT BRING improperly **labeled medications**, money, electronic items (mp3/iPods, **CELL PHONES**, smart watches, & video games), hair dryers, hair spray, perfume & body spray, matches & lighters, knives or things to eat—including candy or gum.

Pack your gear in a suitcase or duffel bag. **DO NOT PACK** your items in a large backpack with an external frame.

Please contact the ODS office at 503-614-1402 or ODSOfficeAdmin@nwresd.k12.or.us to inquire about lost and found items when you first notice an item missing.

PLEASE LEAVE ALL “VALUABLE” ITEMS AT HOME.

OUTDOOR SCHOOL IS NOT RESPONSIBLE FOR ANY LOST OR STOLEN ITEMS!

